



Attending A POD

As easy as showing up in class!

Thank you so much for your interest in attending a streaming POD. A POD is a group of people who will be watching a class together in a location other than where it is occurring. If you cannot attend the live class, a POD is an ideal place to view the class, as you will be able to run bars and ask questions of the host.

If you are attending a POD there is very little you are required to do, as the host will set up most everything ahead of time.

Things you will want to know:

1) Registration

Every POD member must register for the class as usual. Please visit www.accessconsciousness.com and find the class with your POD leaders name and city.

2) Payment

There are 2 different types of classes and ways you will need to pay.

- **CORE CLASSES:** Core classes are Foundation, Level 1, Levels 2/3. These classes are half price if you are repeating them within 12 months, and you pay for them in your own currency.

For these classes you will be prompted to pay on the access website immediately after registration. When we receive your payment we will create a streaming account for you. Several days before the event you will receive login and password information from us, and at this point the event will already be enabled for you.

- **SPECIALTY CLASSES:** These include classes like Right Body For You, ESB, or any class where there is no repeat price option. These classes are paid for in USD only and you can buy a ticket for these yourself.

Once you register you will receive detailed instructions about how to buy your ticket for these events. First go to www.accessconsciousness.tv and find the class. Click on the class and then click "buy ticket". Here you will be asked to login and you can click "create



account” if this is your first streaming event. Otherwise you can enter your login info. Once you create the account/login, you will be able to buy the ticket.

Please note: Even if you are attending a POD you still require your own login details. This will give you access to replaying the class in the future. It will also be helpful if you cannot attend the entire class during live times.

3) Setup

Timing

Most classes are from 9:30am-6:00pm (approximately) in whatever time zone the class is being held. This will inevitably be the middle of the night SOMEWHERE! Your POD host will have posted the time that they will be meeting. This may either be in live time or at delayed times. The host may also choose a combination of the two. This last option might mean that the class is seen out of order, however it will also allow you to be there live with us during part of the day while also showing other parts of the class at more conducive hours. Please be aware that whatever your host chooses is intended to be the choice that creates more ease for everyone.

The great thing is that regardless of the timing of your POD, your POD host will still be able to start and stop the videos as works for your day!

Manuals

For core classes you will be given manuals from your host. Most specialty classes do not have a manual.

Skype

You will be able to ask your questions in real time during class! Your POD host will have this set up for you to interact with the streaming host on site.

Please know that sometimes MANY questions are sent in at once from PODs all over the world. Please ask your question when it applies to the flow of the conversation rather than just writing down all the questions you have on the topic.

Someone will be sitting in the class with a microphone asking questions as they are sent. We will do our best to get to as many questions as possible and will follow the energy.



Recording

You will have access to these recordings indefinitely! You may re-watch the class as often as you like simply by logging into your account, going to “dashboard”, “tickets”, “purchased VOD” and there you will see a list of all your pre-purchased videos!

You may also buy the MP3s of these classes at the special class attendee price by emailing suzy@accessconsciousness.com.

4) As in All Access Consciousness Classes

Bars

Gary recommends that you run bars once for every day of processing during live classes. This also applies to the classes when they are live-streamed. Bars are one of the great benefits of being in a POD.

Snacks

Don't forget that you will want a little salt and sugar available during the day. Treat yourself, as you would if you were in class with us live!

Contact Us

For logistical or registration related questions, please contact Blossom Benedict - Blossom@accessconsciousness.com or +1 949.533.7179.

For technical related questions, help troubleshooting, or to find out more about if your Internet connection will be suitable, please email Matt Bochsler - Matt@iesystems.cc