



Streaming From Home

Easier than you think!

Thank you so much for your interest in joining us for a class in your own home. We think you will be surprised by how easy it is to participate in a class from the comfort of your living room! The way we see it is if you can watch a youtube video online, you should be able to watch the class from your computer with ease.

Below are included all the nuts and bolts pieces about streaming a class. Please do not hesitate to contact me if you have further questions.

1) Registration-

The first step is to register for the class online at www.accessconsciousness.com just like you would register for any access class. For the greatest ease, please register and pay for the event BEFORE the day of the class!

2) Paying

There are 2 different types of classes and ways you will need to pay.

- **CORE CLASSES:** Core classes are Foundation, Level 1, Levels 2/3. These classes are half price if you are repeating them within 12 months, and you pay for them in your own currency.

For these classes you will be prompted to pay on the access website immediately after registration. When we receive your payment we will create a streaming account for you. Several days before the event you will receive login and password information from us, and at this point the event will already be enabled for you.

- **SPECIALTY CLASSES:** These include classes like Right Body For You, ESB, or any class where there is no repeat price option. These classes are paid for in USD only and you can buy a ticket for these yourself.

Once you register you will receive detailed instructions about how to buy your ticket for these events. First go to www.accessconsciousness.tv and find the class. Click on the class and then click "buy ticket". Here you will be asked to login and you can click "create account" if this is your first streaming event. Otherwise you can enter your login info. Once you create the account/login, you will be able to buy the ticket.



3) Class Setup

Timing

Most classes are 9:30am-6:00pm (approximately) in whatever time zone the class is being held. This will inevitably be the middle of the night SOMEWHERE! You are welcome to begin the day live with us, or you can join in when you choose and then go back and watch the beginning of the day later.

Each class should have times listed below it. To find out what time a class will begin in your particular city please visit www.timeanddate.com.

You will still be able to start and stop the videos as works for your day. However, if you do join us live, you will be able to ask questions!

Manuals

For core classes you will be emailed a manual ahead of time. Most specialty classes do not have a manual.

Skype

You will be able to ask your questions in real time during class! Your POD host will have this set up for you to interact with the streaming host on site.

Please know that sometimes MANY questions are sent in at once from PODs all over the world. Please ask your question when it applies to the flow of the conversation rather than just writing down all the questions you have on the topic.

Someone will be sitting in the class with a microphone asking questions as they are sent. We will do our best to get to as many questions as possible and will follow the energy.

Recording

You will have access to these recordings indefinitely! You may re-watch the class as often as you like simply by logging into your account, going to "dashboard", "tickets", "purchased VOD" and there you will see a list of all your pre-purchased videos!

You may also buy the MP3s of these classes at the special class attendee price by emailing suzy@accessconsciousness.com.



4) As in All Access Consciousness Classes

Bars

Gary recommends that you run bars once for every day of processing during live classes. This also applies to the classes when they are live-streamed. Bars are one of the great benefits of being in a POD. You will wish to get your bars run during or after the class if at all possible. If you do not have anyone available to run your bars, you can run your own bars at night by calling up three points and asking them to run.

Snacks

Don't forget that you will want a little salt and sugar available during the day. Treat yourself, as you would if you were in class with us live!

Internet Speed – For the stream to play smoothly you will want a minimum Internet speed of 500k/sec; any high-speed in the USA should be more than sufficient. To check if your Internet speed is fast enough go to this link <http://www.tikilive.com/video/28154>. This will start a test video for you in your web browser.

The day of the event, the live streaming will work JUST like this only you will have a username and password in order to view. For core classes the username and password will be sent to you, (on the example explained above is for a specialty class).

If your Internet service says it supports this and your video still stops and starts, see connectivity notes below.

IMPORTANT NOTES on connectivity

- Any 1.5 megabit (1500 kps) internet service will support this stream.
- Make sure you turn off or unplug all Internet devices such as printers, laptops, desktop computers, or anything your not going to be using during the broadcast. This includes any wireless devices, including any of your neighbors who may be sharing your connection.
- It is preferable that the computer that is being used for the stream itself be plugged in with an Internet cable instead of using wireless Internet.
- If at any point during the stream the screen freezes for more than a few seconds, refresh your browser. If this does not correct the problem then we will be on Skype to assist you.



If you wish to watch the stream on your TV instead of your computer, please see the next document on connecting your computer to your TV.

Contact Us

For logistical or registration related questions, please contact Blossom Benedict - Blossom@accessconsciousness.com or +1 949.533.7179.

For technical related questions, help troubleshooting, or to find out more about if your Internet connection will be suitable, please email Matt Bochsler - Matt@iesystems.cc.

We have been getting amazing feedback about these streamed events with people saying “It’s like have Gary and Dain in my own living room!” We hope you will check it out for yourself and come play!

What else is possible in the spreading and accessibility of consciousness on the planet?