

www.accessconsciousness.com

Access

Energy Transformation

ALL OF LIFE COMES TO ME WITH EASE AND JOY AND GLORY

In This Issue

[Where's Gary? Where's Dain?](#)

[Get Free of Abuse!](#)

[Access in Japan](#)

[Relationships Tours the World](#)

[Access on the Radio](#)

[Lose 200 Pounds on Junk Food](#)

[Free Your Creative Genius!](#)

Are you enjoying this newsletter?

[Join Our Mailing List](#)



Gary Douglas

Access Founder Gary Douglas

Where's Gary? Where's Dain?

Access: Levels 2 & 3
Corte Madera, CA
January 26-29
Corte Madera
[Levels 2 & 3](#)

Conscious Horse,
Conscious Rider
Sueno Azul, Costa Rica
[January 6-12](#)

Ending the Suffering of
Abuse
(Everyone Invited,
No Pre-requisites!)
January 25
6-10 p.m.
Best Western Inn,
Corte Madera

Issue: #4

November, 2007

Greetings!

If you're receiving this, it's because our records show you attended an Access event in the recent past, or you asked to subscribe to our newsletter after visiting our website, www.accessconsciousness.com. If you do not wish to receive further newsletters, you can click the "safeunsubscribe" link at the bottom of this newsletter.

Each newsletter now features a different way that Access can enrich peoples' lives. The theme this month is relationships. Access has so many tools that can transform this area of our lives into ease, joy and glory. What would it take for you to choose that for yourself?

(Think this doesn't apply to you? Are there any of us who are not in relationships of some kind?)

We are lucky in Access to have several couples who do have fabulous relationships. Nicolas and Grace Roquefort de Villeneuve, pictured below, are one of them. Steve and Chutisa Bowman, who work together 24/7 and present workshops on business, leadership, and prosperity, are another. You could spend time with each of these couples this month. How did you get so lucky?

We welcome your questions, comments, and miracle stories! What do you know?

How does it get even better than this? What are the infinite possibilities for YOUR life?



Access's Relationship Experts Offer a Different Point of View

What if your relationships with everything actually worked?

[Abuse Workshop](#)

Accessing the Body You
Desire:

The Access Body Class
Boca Raton, FL
February 16-18
[Body Class](#)

Access: Levels 2 & 3
February 22-25
[Houston, TX](#)

Register for any of these
classes
at [www.access
consciousness.com](http://www.accessconsciousness.com)



Dr. Dain Heer

Grace and Nico Roquefort de Villeneuve are a different kind of couple-- their relationship actually works to nurture them and those around them.

They give private sessions and workshops world wide on sex and relationships, incorporating the unconventional Access tools to empowerment.

They have written a book, Create a Conscious Relationship to Create So Much More for Your Life, based on their experiences helping individuals and couples to create a different kind of relationship for themselves. Their approach works in many areas of life, from business to parent child relationships, as well as couples'.

You can check out their radio show, Toast, Jam and Relationships, on BlogTalkRadio.com.

As their world tour progresses, more articles by these amazing people will be included in this newsletter.

How can a simple body process change your relationship and your life?



By Dr. Kacie Crisp

I had been doing Access for about a year when I had my first private one on one session of a body process called MTVSS. (It's taught in Level 1.)

I had no expectations of the session other than curiosity. I had not experienced the dynamicness of the method in class and wanted to know what it was all about.

I was lucky enough to be trading with a sexy young man who is now also a facilitator, Sagar Fauchaux. MTVSS is done starting with the recipient lying face down, with the person doing the session starting at the feet and working their way up. It's most effective skin on skin.

Sagar laid his hands gently on my feet, then my ankles, then my calves. His touch felt wonderful. He had not been going very long when I got this revelation, "Oh my God, this man is going to touch every square inch of skin



**Would you like
to be a billionaire?
What would it be like
if you had a
prosperity
consciousness?**



Steven and Chutisa
Bowman
are doing it! They are
facilitating
others to create prosperity

consciousness with ease, joy, and glory.

They have been presenting three workshops in California in November, as well as meeting with businesses and individuals interested in connecting with them and their work, to share ways they could potentially connect with you in the future.

A participant at their first workshop in Oxnard said, "This was the best thing I did for myself EVER!"

Their workshops:

Prosperity Consciousness [November 17th](#) in Oxnard, CA, was filmed for production as a DVD to be for sale.

There's still time for you to join us on November 19th at the Westin San Francisco Market, 50 Third St., San Francisco, CA. [Prosperity Consciousness](#)
The San Francisco workshop still has room..you weren't planning on getting any work done on the Monday before Thanksgiving, were you? What could be more valuable than investing in the abundance of your whole life?

Access is now on MySpace!

Check it out!
www.myspace.com/accessconsciousness

in my body!" The prospect was absolutely delicious.

Now at this time, while I loved and still do adore my husband of now 21 years, things were not as exciting as they once had been, shall we say.

After this session of MTVSS, I felt that what had been happening was that my nerve endings stopped short of my skin. No wonder I didn't enjoy being touched that much--prior to this session I couldn't even feel it.

Now I like to be touched and everything in my life is much more fun. Soon after this my husband decided to take Access classes also and our whole family is happier.



Pictured left: Rosario Rojas, physical therapist, learns MTVSS in a level one class I taught in Sweden. Access recognizes that everyone who wishes to has the ability to heal others without advanced education. These techniques are taught in the first Access classes.

[Dr. Kacie Crisp](#) facilitates Access wherever in the world she's invited, edits this newsletter, and does whatever she can find that will expand consciousness. She would love to demonstrate the miracles of MTVSS on your body if given the chance!

A different point of view on teenagers and sex

By Nicolas Roquefort de Villeneuve

Nico wrote an awesome life and point of view changing article on teenagers and sex. Unfortunately his my space site was phished and this is temporarily unavailable. But it's still too good to miss.

So, stay tuned and hopefully we'll bring it to you next month.

Grace and Nicolas' World Tour starts this month!

Grace and Nico Roquefort de Villeneuve start their world tour with a return engagement to Montreal during the

Many thanks to the amazing Jay Charette for creating this and everyone who visits and contributes for keeping it dynamic!

Special Offer this Month!

Access Learning Facilitators, those who facilitate classes as well as doing individual sessions, have a special offer for you this month!

You can call any one of them for a free session of 10 minutes. And Access is faster, easier, more dynamic, and more fun than just about anything out there, so lots can be cleared in 10 minutes.

Scroll to the bottom of this news letter for the coupon that explains this.

How does it get even better than that?

Would you like to end the suffering of abuse?

As with almost everything, Access has a different point of view on abuse. You can hear about this now by getting the [abuse CD](#) which is available on the website. This CD is a recording of an abuse class Gary Douglas did 6 years ago.

He will be creating a new CD at the [abuse class in January](#). Both of these CDs offer the benefits of receiving the clearings at

American Thanksgiving weekend.

December and January find them in [Australia](#), with a trip to Hong Kong December 22-23.

They will present their workshops in [Stowe, Vermont](#), [Montreal](#), and New York City in February before continuing to [Europe in March](#) and April and then returning to present their class in San Francisco in April.

Words about Access hits the airwaves and the internet

Many programs with Access founder Gary Douglas and other talented facilitators are being heard on the regular and internet airwaves. Gary and Dr. Kacie Crisp can be heard in the archives section of the radio show [Seeing Beyond](#).

Many other facilitators have shows on [blog radio](#). They include not only Grace and Nicolas Roquefort de Villeneuve, but also Glenna Rice presenting "The Questionable Parent," Ron Filson presenting "What Else is Possible?" Gabi Plumm and Liam Phillips on "Back from the Brink," and others.

If enough folks look for Access shows, who knows, Access could show up on the blogradio homepage. How cool would that be?

deeper and deeper levels as you play them again and again. (All Access CDs offer this benefit, by the way!)

Many who have participated in the abuse class, heard the CDs or had individual processing on the subject have reported getting results in 16 hours that were not possible with 16 hours of conventional therapy.

If your relationships with the other sex, money, job, or anything else are not what you would like, could abuse be casting a shadow you have not been able to get free of until now? What would it be like if freedom were really possible?



Talent Blossoms in Costa Rica

The days and evenings were full during last month's intensive in Costa Rica as a few of the many talented Accessories presented classes in topics, including:

Shannon O'Hara did "Talk to the Entities."

Jill McCormick shared her years of experience with exceptional children and the very different way she's learned to facilitate them

Audrey Lynette shares how to lose 200 pounds on junk food by listening to her body...coming to Texas this month!



How many diets have you tried? How many have worked? Would you like to try something which is not depriving your body, but giving it what it requires? How about learning from someone who's done it with a significant amount of weight? And someone who's got such a wit that losing weight will actually be light?

You have the opportunity to do just that with Audrey Lynette's Right Body for You. She's just returned from a successful tour of her native Australia and New Zealand, and will be presenting her workshop in Houston [November 30](#) and [December 1 & 2](#).

You can enroll on the website, or contact Curry Glassell for more information.

Creative Geniuses to be Freed in California!

Actor Starts Career at 52, Using Access Tools, and You Can Too!

[John Carter](#), an access facilitator who started his Hollywood acting career at 52, is sharing what he's learned so others can also create what they desire.

"Freeing Your Creative Genius" got rave reviews in Montreal and is now offered in [Santa Monica December 8 & 9](#) and [San Francisco December 15 & 16](#). If you're wondering about the tools of Access, this is a great way to experience the effect of the tools in your life, and have fun at the same time.

According to John, the workshop combines "fun and games, singing and silliness" with "blasting down the blocks to our hidden talents and abilities and creative genius that we all have for creating our phenomenal lives."

Denise Guindon of Montreal raved: "This is a must attend. You will live beyond anything you could imagine. In allowing himself to be totally vulnerable, gentle, and yet strong, in allow of each and every one of us, John allowed us expand to our maximum. I stil perceive the lightness of my being. It was and is fucking amazing and still that is undescriptive."

using Access tools.

Glenna Rice presented her program on parenting.

Julie Tuton threw years' of bad programming by art teachers out the window and recreated the joy of color for those in her morning painting classes.

Bev Brown taught yoga with clearing that took participants to a new place. (Stay tuned for a CD of this one.)

Audrey Lynette had everyone in stitches with a taste of Right Body for you. Who knew losing weight could be so light?

And Joy Voeth premiered her movement DVD that redefines the exercise genre, Joy of Movement.

How does it get even better than this? What else is possible? What other amazing talents are out there to be discovered?

*Accessories is Access slang for people doing Access.

Now it's easier to find classes and people on our website!

If you're interested in finding a specific topic, facilitator, or class on the website, you can now easily search for it by typing it into the "google" window on the upper left corner of the home page.

How does it get even easier than that?

Danya Seginer added, "This class is not only about creativity, it is totally life transforming, clearing stuff we ourselves are not aware is even there."

How about skiing, consciousness, and healing your body? How does Taos New Mexico sound?



Access Facilitator [Forest Sun](#) is combining many of the pleasures of the flesh in one great experience. He's combining skiing with classes in the Access body processes--now you can ski and heal your body of whatever you do or have done to it, all in one great weekend.

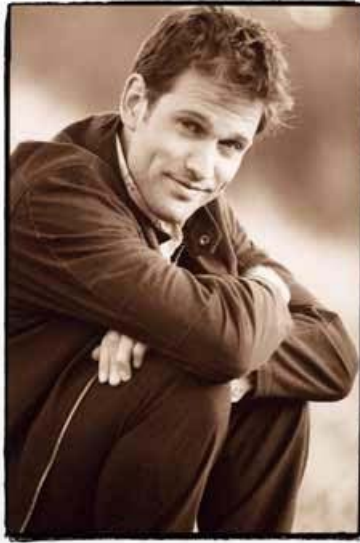
The snow was a bit slow to come to Taos this year, so he's offering the ski/body processes class [Friday, December 14-Sunday December 16](#). The plan is to ski in the morning, heal in the afternoon, and "schnitzel all evening!" at the Bavarian Lodge. The Bavarian so loves Access that they're offering lodging at an amazing price. Call 88-205-8020 to reserve.

The prior weekend, starting [Friday, December 7](#), Forest will be offering the three basic courses that give you the basics of Access, the Bars, Foundation, and Level 1. These have been newly revised and will not be a review for you even if you think you've "done them before."



Access in Japan

Karen Jones, an amazing jazz singer AND Access facilitator, is now in Tokyo. She can be found singing on the top floor of the Hyatt Regency in Tokyo, and facilitating Access classes wherever the invitation arises. Her first intro is November 18.



Next Month: How to survive the holidays with ease joy and glory!

What if holiday trauma were not a requirement of the season?

Our target is the first of the month. Yes, we missed it this month! That is the beauty of a target--it can be moved, unlike a goal, which is fixed. We had some technical difficulties that required this issue to be written four times.

The holiday issue should be out nearer the beginning of December.

What else is possible?

Are you curious? Would you like to hear more? Are you wondering what your next step in exploring Access might be?

You have many choices! You could buy some of the books on the website, which are full of practical tools which really work to transform any part of your life which is not working as you would like it to.

You can contact the facilitator of your choice. At www.accessconsciousness.com, you can search facilitators by location or classes offered. Many facilitators offer phone sessions and are happy to travel, given the invitation, so geography is not the limitation it might be to others.

Who feels good to you? Which name or photo feels light in your body or being? The coupon below allows you to chat to any of them for 10 minutes at no charge. Most facilitators are happy to discuss what might be your next step could be--private sessions, classes, intro nights--there are many choices.

What works for you? We would love to hear from you!

Dr. Kacie Crisp
Access Learning Facilitator

drilght@comcast.net for names of facilitators
who are more available.

Offer Expires: December 15, 2007

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to drilght@comcast.net, by drilght@comcast.net
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#)
| [Privacy Policy](#).

Email Marketing
by



Access Energy Transformation | 298 Miller Avenue | Mill Valley | CA | 94941