



**In This Issue**

[Get Free of Abuse!](#)

[We get letters--teens and sex](#)

[Creating your Business with Consciousness](#)

[Access on Fisherman's Wharf](#)

[Clearing the Ghosts of Paris](#)

**Are you enjoying this newsletter?**

[Join Our Mailing List](#)



**Access Founder  
Gary Douglas**

Where's Gary?  
Where's Dain?

Access: Levels 2 & 3  
Corte Madera, CA  
January 26-29  
Corte Madera  
[Levels 2 & 3](#)

Conscious Horse,  
Conscious Rider  
Sueno Azul, Costa Rica  
[January 6-12](#)

Ending the Suffering of Abuse  
(Everyone Invited,  
No Pre-requisites!)  
January 25  
6-10 p.m.  
Best Western Inn,

Issue: #6

January, 2008

**You've survived the holidays. Now what?**



**Would now be a great time to consider Access?**

**By Dr. Kacie Crisp**

The holidays are over, and a new year is ahead of you. What will be different for you this year? What are you doing to create that difference? If what you have been doing hasn't worked, are you ready to try something new?

The Access calendar in various places ebbs and flows, depending on which facilitators are where. For the first three months of 2008, we in North America are lucky enough to have Gary Douglas, Founder of Access, and his business partner, Dr. Dain Heer, in our corner of the world.

March ends with Gary and Dain taking their amazing road show of consciousness down under, so it's a great time for you Aussies and Kiwis to get your pre-requisites in order so you can play also.

A series of unique and amazing courses are scheduled for this time, and many of these have pre-requisites. I hope you can make time in your schedule to take these pre-requisite classes, as I would love to see all of you experience the amazing transformation in your lives that I know can occur with Access classes.

Here's a summary, listed in order of those requiring no pre-requisites to those requiring the most:

**The Abuse Class: Ending the Suffering of Abuse**

The phenomenal verbal clearing processes of Access have been used to create greater healing in hours than some have managed to achieve in years of therapy. If abuse of any kind haunts you, wouldn't you like to get free of it? This is a great opportunity.

This class has been offered live only once, and who knows when it will be again, after this series? It's

Corte Madera  
[Abuse Workshop](#)  
also in Houston  
February 21  
[Houston abuse workshop](#)

Accessing the Body You  
Desire:  
The Access Body Class  
HOUSTON TEXAS  
February 16-18  
[Body Class](#)

Access: Levels 2 & 3  
February 22-25  
[Houston, TX](#)

Register for any of these  
classes  
at [www.access  
consciousness.com](http://www.accessconsciousness.com)



Dr. Dain Heer

**Access is now on  
MySpace!**

Check it out!  
[www.myspace/  
accessconsciousness](http://www.myspace/accessconsciousness)  
Many thanks to the  
amazing Jay Charette for  
creating this and  
everyone who visits and  
contributes for keeping it  
dynamic!

**Would you like to end  
the suffering of abuse?**

As with almost  
everything, Access has a  
different point of view on  
abuse. You can hear

being offered in San Francisco [January 25](#), Houston  
[February 21](#), and in Brisbane, Australia, [April 8](#).

The Bodywork Classes:

Access includes an array of gentle and phenomenally  
effective hands on body-work processes, starting with  
Bars, Foundation, and Level One classes. The body  
processes after those classes grew to be too  
many to be included in other classes, so they are now  
covered in Accessing the Body You Desire: The  
Access Body Class.

This class is an amazing opportunity for you to  
experience healing in your body as well as learn to  
share this gift with others. It's offered only a few  
times each year. The three day body work class is  
offered [February 16-18](#) in Houston, Texas. Everyone  
who has completed Bars, Foundation, and Level One  
is invited to bring your body along and play.

Note: This is a location and venue change for the  
body class. Much gratitude to Curry Glassell and  
Rick Brasher for jumping in on short notice to make  
sure this great class could happen.

A [5-day bodywork class](#), for which Levels 2 & 3 must  
be completed, is offered May 24-28 in the San  
Francisco area. You have three chances in North  
America to complete Levels 2 & 3, if you haven't, so  
you can do this class--[January 26-29](#) in San  
Francisco, [February 22-25](#) in Houston, and [May 9-12](#)  
in Montreal.

The Seduction of You:

What's sex got to do with it?

Even Gary was surprised at this one, as the first Truth  
about Sex which included frank and graphic  
information about copulation changed participants'  
financial situations, work life, ability to create a  
business, and all kinds of other details which we  
might believe to be unrelated to sex.

So now we say the answer to what's sex got to do  
with it is, "Just about everything!"

Unlocking the judgments and hang ups we have  
about receiving in this area can free up everything in  
our lives. There is no question that can't be asked, no  
topic that can't be discussed in this freeform class.

Don't sign up for this one unless you would like to  
blow the lid off receiving in ALL areas of your life!  
Bars, Foundation, and Level One are required for this

about this now by getting the [abuse CD](#) which is available on the website. This CD is a recording of an abuse class Gary Douglas did 6 years ago.

He will be creating a new CD at the [abuse class in January](#). Both of these CDs offer the benefits of receiving the clearings at deeper and deeper levels as you play them again and again. (All Access CDs offer this benefit, by the way!)

Many who have participated in the abuse class, heard the CDs or had individual processing on the subject have reported getting results in 16 hours that were not possible with 16 hours of conventional therapy.

If your relationships with the other sex, money, job, or anything else are not what you would like, could abuse be casting a shadow you have not been able to get free of until now? What would it be like if freedom were really possible?

### Letter to the Editor

OH, my god! We're talking about it! I just couldn't let this one pass without a response.

I will never forget the advice given to me by a friend many years my senior regarding my daughter. "It is not enough to let her know that you love her and want to protect her from harm. It is not enough to

wild ride.

This amazing four day class is offered in the San Francisco area, [March 14-17](#). If you would like to get clear on the subject of sex, with the intensity and clearing that is possible with a four day class, then this is the class for you in the USA this year.

### Ordainments 101:

Dr. Dain Heer, an extraordinary facilitator and the only person other than Access founder Gary Douglas who facilitates Levels 2 & 3, has developed a way of working on the physical and energetic bodies simultaneously that can create dynamic transformation in peoples' whole being and experience of themselves. For the first time, he will be sharing how he does this with others.

We have called this body work "Ordainment" as a pun on his name!

You can [sign up](#) to learn how to do this (only it will be Or-You-ments, not ordainments) on the web.

Due to the intensity and advanced level of this work, Levels 2 & 3 are required of participants in this experiential hands on training.

Why do we have pre--requisites anyway?

It's really a kindness for you and your body. Access is SOOOOOO

different from anything else you've ever done, that experience has shown us it's more successful when it's introduced incrementally. We structure the classes so YOU can get the most out of every single class you take!

### The Bowmans are back in the USA ...and Italy!

#### Get a gigantic boost in creating your business from these pros...

Steven and Chutisa Bowman, Access business mavens, are back in the USA in February, with a stop in Rome March 1.

How did we get so lucky?

This amazing couple brings 30 years of corporate experience to the warm, kind, non-judgmental asking of exactly the right questions to turn that roadblock in your life into not just one opportunity but one dozen.



let her know that she can find ways to protect herself from disease and undesired pregnancy." "What you must do," she urged, "is take her to the doctor and let both of them know that you approve whatever is necessary for her to feel and stay safe." Wise woman. Her presence in our lives was blessed.

Finally, I did just that. I did not consult with my husband, I followed my instincts. My daughter, 14 at the time, disdained the information and advice. It was not long however, before she realized that a birth control pill suited her lifestyle. I, in no way felt in my heart that sex was the way for her to go but it wasn't my heart she was following. I did not need to know when she chose to start using the pill. She did not need my approval or condemnation of her actions. I had given her Access. That was my gift to her.

I believe that she would have had sex whether or not I gave my permission for her have Access (interesting word, huh?) to the birth control pills and perhaps many more complications would have filled her life.

All is well. How can we ever be wrong when we empower people to make their own decisions in this life?

Blessings,  
Shirley Moore

And they'd probably ask what else is possible!

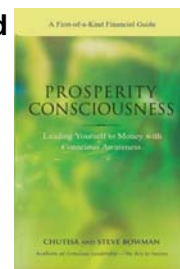
The Bowmans are going to be presenting their newest workshop, Creating and Expanding your Business...Using Consciousness to Create Your Leading Edge in San Francisco Monday, February 4, and Houston Tuesday, February 26.

They will also make their first European presentation in Rome March 1.

### **Access in Barnes and Noble, Fisherman's Wharf, San Francisco**

#### **Prosperity Consciousness Featured to Tourists Worldwide**

The first book about Consciousness, Access style, to hit the big time might well be Prosperity Consciousness by Steven and Chutisa Bowman. It will debut in the Barnes and Noble superstore in the tourist mecca of Fisherman's Wharf, San Francisco, starting January 23 for a couple months. If it sells well enough, Barnes and Noble will feature it in their stores world wide. How does it get even better than that?



Prosperity Consciousness can be ordered through any Barnes and Noble store in the U.S. It would probably (editor's best guess in this 10 seconds) improve the chances of its being carried in stores (not just special order) nationwide if you were to order it through the Fisherman's Wharf Store. It's a 2550 Taylor in San Francisco, and their phone number is 415 292-6762.

#### **Access in Action: Clearing the entities of Paris**

By Bart Sharp



During the past two years, I have had the fortune of working on homes and businesses in Paris, France. Using the Access tools for clearing entities and other limiting energies, I have witnessed the energetic presences in homes and businesses change dramatically.

Each city has its own energy and Paris is no exception. As one of the oldest cities in the world, its tragedies are reflected by the ghosts that dwell in its

homes and buildings.



Access is Growing in Stockholm!

Bars class, the new Foundation, and the new Level 1 will be offered in Stockholm starting [January 16](#). Your friends and relatives in Stockholm are warmly invited to the intro January 15 at [Welledge](#), 6 Kornhamnstorg, Gamla Stan, Stockholm. Dr. Kacie Crisp will be facilitating.

Grace and Nico Roquefort de Villeneuve will be presenting their relationship seminar, Freedom to Choose, in Stockholm [March 29 & 30](#).

And Ireland!

If Ireland is more to your liking, Bars and Foundation are offered next weekend, [January 12 & 13](#).



Calling all Teachers!

Are you interested in empowering children to know what they know, instead of telling them that "they can't know that!"?

The deaths by beheadings, black plague, and other traumatic incidents sometimes are such a shock to the body that the being may not realize that they are dead. Therefore they wander in a lost state, often confused, angry, or disassociated with what they are. Through the years their memory of self deteriorates to such a point that their whole existence is a fragment of what it was and their only purpose is a few actions or memories.

Paris appears to have more than its fair share of lost souls in a variety of places. During my free time there, I would visit some of the cathedrals and do entity removals. In minutes, babies that were crying stopped, and adults seems to be in a better mood. The whole place felt better.

Using the tools of Access, I can easily help these lost entities find a direction to leave this world and find a new beginning in a new body. The clearings do a great service to the ghosts and entities as well as helping many humans feel more comfortable. The homes and people that receive the removals lose the stagnating energy that may physically drain them or create an uncomfortable feeling in the home.

The cool thing about the Access energy clearings is that anyone can use them; they are quite easy to learn. (They are taught in the foundation class and often demonstrated in clearing or intro nights--Ed.)

Access tools can facilitate ease, joy, and glory for homes just as they do for people.

[Bart Sharp](#) is an Access Learning Facilitator from Austin, TX. He enjoys doing house clearings and teaches classes on removing entities as well as how to connect to and transform the energies of homes. He can be reached at 512.809.6807 or [heartofturtle@earthlink.net](mailto:heartofturtle@earthlink.net).

### Calling all Findhorn connections



**Would you like to shift the scarcity consciousness of the planetary village?**

Some of you know that my husband, David Caddy, grew up at Findhorn (Gary says he played a huge role in creating even though he was in quite a small body at the time).

My knowing is that Findhorn has a huge role to play in making the changes in the planet that are required. And my experience while living there is that there was

Would you be interested in working with us to create schools and after school centers where children are encouraged to trust their own knowing, instead of buying adults' points of view without question?

Harold Howell is collecting the names of those of you who are certified or have other educational experience who would be interested in working with us.

If you would like to experience just how different the Access point of view is about kids and education, you might wish to get the [X-Men CD](#) available on the website.

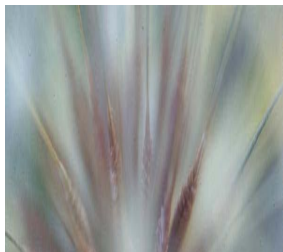
We hope to bring this class to the USA for the first time in years, to Minneapolis this spring. Stay tuned!

**Now it's easier to find classes and people on our website!**

If you're interested in finding a specific topic, facilitator, or class on the website, you can now easily search for it by typing it into the "google" window on the upper left corner of the home page.

How does it get even easier than that?

**Why the Dandelion?**



a lot of scarcity consciousness that was stopping them from having the greatness I know they can and should have.

It has been my target to change this, and I have been waiting for the right time and invitation. Is there anyone else receiving this newsletter who is also involved in Access who also has connections to Findhorn? Have you lived there, do you have close friends or relatives there? [Could you please let me know?](#) I thank you and the world thanks you. Dr. Kacie Crisp 415 302-0163 [drlight@comcast.net](mailto:drlight@comcast.net)

### **Grace and Nico's Sex & Relationships Amaze Down Under**

#### **Catch 'em while they're hot!**

There's still time to catch Nico and Grace Roquefort de Villeneuve's amazing relationships workshop in Australia and New Zealand!



They'll be in Perth [January 10-12](#), Brisbane [January 15-17](#), and Auckland, New Zealand [January 26-27](#).

You can sign up for these workshops on line at the website, [www.accessconsciousness.com](http://www.accessconsciousness.com). You can find out more about them at their website, [readytochoose.com](http://readytochoose.com).

### **The Talent of Access**



**"Accessories" Perform Worldwide**

The talent that lives in the beings of those who show up at Access classes is an on-going source of amazement and joy.

Kent Blazy, of Nashville, has written best-selling songs for country singer Garth Brooks, has a new album of his own coming out. It's available on [his website](#), or at [cdbaby.com](http://cdbaby.com).



The dandelion is the logo of Access. Why?

It grows everywhere, in total abundance, with no season.

It has healing properties for our bodies.

There is almost nowhere that it DOESN'T grow. It cannot be stopped.

Is there anything freer than a dandelion seed in the wind?

Testimonial about Access Bodywork during and after Surgery

Dr. Harold Bafitis  
Village Blvd.  
West Palm Beach, FL

Dear Dr. Bafitis,

On December 1, 2006, I had undergone surgery for rhinoplasty due to a deviated septum. The surgery was a total of four hours and during the process a female by the name of Jolanta (see picture directly to the right--Ed) transferred her energy field to me by touching with her hands. It seemed to bypass the trauma for me.

After surgery; most of the nurses were surprised at my appearance. My eyes were only slightly swollen & very much open. The bruising was very minimal with only a slight mark under my right eye. I was quite alert with little to no grogginess. The pain



Access Facilitator Blossom Benedict, currently of San Francisco, is singing at Enrico's in San Francisco's North Beach, 504 Broadway, January 20 and February 3.

Arran Caddy, 17, son of David Caddy and Dr. Kacie Crisp, will be performing a eurhythmy solo in front of an audience of 1100 in Egypt next month. (Eurhythmy is a form of creative movement taught in Waldorf or Steiner schools.)

Joy Voeth (right) is back singing in Istanbul, Turkey; Karen Jones is still on top of the Hyatt in Tokyo and pictured below left (as well as teaching her first Foundation class in Japan this weekend!); and Amandah Jantzen (above) will be performing someplace exotic following her stint in Shanghai.



What else is possible?



If you're not on stage or an artist of some kind and you long to be, Exploring the Creative Base of your Life is a great class for you. Gary Douglas and Dr. Dain Heer are offering this in Mooloolaba, Queensland, [April 4, 5, and 6](#). Other talented Accessories such as John Carter offer classes throughout the U.S. and the world which also use Access tools to clear blocks to performance and artistic expression that are truly life-changing and most surprising of all to those whose talents are uncovered!

Columbia Hospital Ad Features Accessory Jola Swietorzecka!

**Columbia HOSPITAL**  
Presents  
**FREE LECTURES SERIES**

**"How to Heal Yourself for a Happier Healthier You"**  
Presented by: Jolanta Swietorzecka, CFMW

Would you like to learn how you can heal your body, quiet your mind, and feel better about yourself? Have you created a life based around pain, trauma, and drama?

was also minimal.

My healing process in one to two weeks was at least four weeks ahead of most patients with this procedure. Most post operative patients have two black eyes with eyes swollen closed and normally are reclusive for a good month.

I would definitely recommend this procedure to advance the healing process for patients undergoing surgery and even as a follow up. My experience was most favorable. I have not been able to breath (sic) this well in 25 years. Thank you Dr. Bafitis and Jolanta.

Sincerely,  
Sharon Eaton

Note: Jola IS wonderful! And the bodywork processes she used can be learned by anyone interested, starting in the first Access classes taught by any licensed facilitator. What if you, too, could facilitate such miraculous healing for others?



Let  
it Snow!

Facilitator Forest Sun had an amazing combination of classes and ski weekends planned in Taos last month. By mid-November, however,

2201 45th Street, West Palm Beach, FL 33407  
www.columbiahospital.com

## Australia coming up!

### Look what you have to look forward to



The next advanced intensive course (post levels 2 & 3), a free form, amazing class, will be held at Mission Beach, on the Great Barrier Reef in Northern Queensland, Australia. The hotel holds only 100 people, and already 80 are registered. You can register now on the website.



Are you curious? Would you like to hear more? Are you wondering what your next step in exploring Access might be?

You have many choices! You could buy some of the books on the website, which are full of practical tools which really work to transform any part of your life which is not working as you would like it to.

there was NO SNOW.

So Gary asked everyone in the Foundation and Level One classes he was facilitating in Oxnard to ask the universe to send snow.

What happened? Six feet of powder. (For those of you who don't ski, powder is most skiers' dream....)

What if all you had to do to have whatever you would like would be to ask the universe (and be willing to receive it, without being vested in the outcome.)?

This and SO MANY other tools to change ANY PART of your life which isn't working are included in every Access class.

You can contact the facilitator of your choice. At [www.accessconsciousness.com](http://www.accessconsciousness.com), you can search facilitators by location or classes offered. Many facilitators offer phone sessions and are happy to travel, given the invitation, so geography is not the limitation it might be to others.

Who feels good to you? Which name or photo feels light in your body or being? The coupon below allows you to chat to any of them for 10 minutes at no charge. Most facilitators are happy to discuss what might be your next step could be--private sessions, classes, intro nights--there are many choices.

What works for you? We would love to hear from you!

Dr. Kacie Crisp  
Access Learning Facilitator

**Check  
out  
Access  
at no  
cost!**

Are you curious about how the Access tools might work in your life? Would you like to have a personalized consultation with a licensed Access learning facilitator at no cost? Now you can! This month only, you can select a facilitator from the website, call them, and they will speak to you for 10 minutes at no cost to you!

AND if your question will take longer than that, the choice to continue at their regular rate is entirely up to you. They will inform you BEFORE any charge is incurred. How does it get any better than that?

NOTE: Learning facilitators are participating in this program on a voluntary basis. If you reach one who cannot participate for some reason, feel free to email Dr. Crisp at [drlight@comcast.net](mailto:drlight@comcast.net) for names of facilitators who are more available.

**Offer Expires: February 1, 2008**

[Forward email](#)

 [SafeUnsubscribe®](#)

This email was sent to [stephenoutram@optusnet.com.au](mailto:stephenoutram@optusnet.com.au), by [drlight@comcast.net](mailto:drlight@comcast.net)  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Access Energy Transformation | 298 Miller Avenue | Mill Valley | CA | 94941