



In This Issue

Issue: #7

February, 2008

[Where's Gary?](#)
[Where's Dain?](#)

[Get Free of Abuse!](#)

[Featured Article](#)

[Access Tool: Living in the question](#)

[Creating your Business with Consciousness](#)

[Bodywork Class this week!](#)

[Access on Fisherman's Wharf](#)

Are you enjoying this newsletter?

[Join Our Mailing List](#)



**Access Founder
Gary Douglas**

Where's Gary?
Where's Dain?

Ending the Suffering of Abuse
(Everyone Invited, No Pre-requisites!)
Houston
February 21
[Houston abuse workshop](#)

Accessing the Body You Desire:
The Access Body Class
HOUSTON TEXAS
February 16-18

What would it be like to live in the question?



More about this Access tool

By Dr. Kacie Crisp

I have gotten some feedback that some folks would like more tools in this newsletter, so here's some info for you!

It's very interesting for me to be writing on this topic as I have spent the last 2 days closed in a hotel room with a bunch of very well meaning, kind, caring health practitioners who are dedicated to solving problems and finding the answer. These people really wish to make a difference and are dedicated to finding out what is possible beyond the medical model.

Even with the very best of intentions and the very good work they are doing (curing patients with cancer when the MDs sent them home to die as an example), the lack of questions in their universe created an environment of so much more density than I'm used to living in. What an interesting choice!

What I noticed was the heaviness while "doing good work," the slowness with which information was presented, and the linearity with which everything was presented. Although great information was being presented, I had to turn my computer on to keep my humanoid brain occupied!

How much more could they create if they were willing to live in the question? How much more could be done for patients if they would ask a question instead of taking facts for granted and assuming physiology of all bodies was the same? How much more fun could they (and I) have had and be having every day if they were willing to throw out the research, the rules, and the protocols and follow the energy?

Can you feel how much lighter the preceding paragraph was than the paragraphs before which were all statements? What if this applied to your own life as well?

Body Class

Access: Levels 2 & 3
February 22-25
Houston, TX

Ordainments 101
with Dr. Dain Heer
Corte Madera, CA
March 7-9
Register now!

The Seduction of You
with Gary Douglas and
Dr. Dain Heer
March 14-17
Register now

Levels 2 & 3
March 28-31
Perth, Australia
Register now

Register for any of these
classes
at www.accessconsciousness.com



Dr. Dain Heer

Would you like to end the suffering of abuse?

As with almost everything, Access has a different point of view on abuse. You can hear about this now by getting the [abuse CD](#) which is available on the website. This CD is a recording of an abuse class Gary Douglas did

- What if, instead of saying, "This is happening," you asked, "What would it take for (whatever you desire) to happen?"
- What if, instead of saying, "This isn't any fun," you asked, "What could I do to make this more fun?"
- What if, instead of saying, "This is how it is," you asked, "What else is possible? How else could we do this?"
- What if, instead of saying, "It can only be this way," you asked, "What else could I do or be that would create a different result?"
- And, for everyone's favorite, money, instead of saying, "There isn't enough money," you could borrow a page from the Bowmans' prosperity book and say, "I know there's more money out there. Where do I have to go to get it? What will it take for it to show up in my bank account? And what do I have to add to my life to create \$ xx more money?"

Now one of the things we encourage in Access is speaking to what people can hear. (That's another tool for those of you asking for tools!) I did not perceive that many of them could even perceive a gazillionth of who I am, nor hear anything I had to say. So I said nothing and was invisible to many of them.

AND, the emphasis on problem solving and finding the answer might go a little ways to explaining why I no longer fit in where I used to be a respected member of this community. How does it get even better than that?

I learned a ton of stuff about detoxification and I still know more about normal digestion and normalizing digestion without drugs than anyone you're likely to meet. I'd be happy to speak with you about that if you're interested. You do have to ask a question, however! It's all an interesting point of view!

Dr. Kacie Crisp had a successful low force chiropractic and enzyme nutrition practice prior to devoting most of her time to Access. She loves to share what she knows with Accessories, and with other patients who are willing to put up with her travel schedule.

Seduction and Ordainments Create Double-Header of Consciousness in San Francisco in March!

6 years ago.

He will be creating a new CD at the [abuse class in January](#). Both of these CDs offer the benefits of receiving the clearings at deeper and deeper levels as you play them again and again. (All Access CDs offer this benefit, by the way!)

Many who have participated in the abuse class, heard the CDs or had individual processing on the subject have reported getting results in 16 hours that were not possible with 16 hours of conventional therapy.

If your relationships with the other sex, money, job, or anything else are not what you would like, could abuse be casting a shadow you have not been able to get free of until now? What would it be like if freedom were really possible?

Testimonial about Access in the Classroom in Australia

Here in Oz the school year has just started and this year I am teaching a Year 8 (first year of Highschool) SOSE class. (Study of society and the environment). To a humanoid teacher the subject itself is an IPOV, (that's access slang for interesting point of view--Ed.) so I just keep on POD and POC king for myself.



Local Accessories invite you to an Orgy of Consciousness!

Two great workshops in San Francisco are only a week apart next month! How does it get even better than that?



Dr. Dain Heer will be presenting, for the first time ever, a full weekend class in how he does what he does, called Ordainment 101. That starts [Friday, March 7](#), in the evening and continues through Saturday and Sunday, March 8 and 9.

The following [Thursday, March 13](#), Gary will be doing an intro called, How to Thrive during the upcoming Economic Changes--rather timely, eh? That's at 7 p.m. Who can you invite to come along and meet Gary?

The latest four day sex class, the Seduction of You, starts that [Friday, March 14 through Monday, March 17](#). What if you could seduce anyone and anything you desired into YOUR life? What would that be like?

The sex class has been, to the surprise of even Gary, a place where everything in participants' lives change. What do lubricants and other straight talk have to do with how much money you make, how you promote yourself in business, and every other aspect of life? Everything, apparently! Who knew? What can you find out about sex and seduction that would change your life?

In the four days between classes, the San Francisco accessories are planning a whole smorgasbord of Access related activities for you. Stay tuned for more info about the "Orgy of Consciousness."



(That's the clearing statement, one of the tools in Access--Ed.)

Lesson one of discovering what culture means, so the lesson outline states.

Where did we go? Well we went to looking at what judgement is and what to do with it - we went through a whole scenario in the student's head about interesting point of view and then I asked: "Who felt a shift in the energy?"

About half of the hands went up. I grinned sheepishly.

At the end of the lesson a girl came up to me and asked: Are you the teacher that does MTVSS?

How does it get any better than this?
Simone Phillips
Cairns Australia

Letter to the Editor

Dear Accessories,
Can I tell you how much I am in total gratitude of the tools of access and how each day is more expansive than the next especially since Conscious Horse Conscious Rider in Costa Rica? The space it created and the shifts that occurred in all of our bodies was phenomenal. Learning from and about the horses really was an avenue of self revelation that I had barely allowed myself to perceive. Gary and Dain have offered us so much to

The Bowmans bring consciousness through prosperity around the world...Houston, Rome, Mooloolaba

Get a gigantic boost in creating your business from these pros...



The lives of participants in Steve and Chutisa Bowman's San Francisco workshop changed before our very eyes. You could see it written on their faces, which changed like a movie screen as new possibilities emerged.

What a gift this workshop was to participants! What a gift it was to watch!

Yes, that workshop is over, but you have another chance--it's [Tuesday, February 26](#), the day after the Levels 2 & 3 in Houston.

Creating and Expanding your Business...Using Consciousness to Create Your Leading Edge is their latest workshop.

Did you know that the Bowmans do not repeat workshops? Every single workshop is different. After Houston, this workshop will not be offered in the US again (although knowing the Australians, I can guess they might demand it). What would it take for you to seize this opportunity to transform your work and your life?

This amazing couple brings 30 years of corporate experience to the warm, kind, non-judgmental asking of exactly the right questions to turn that roadblock in your life into not just one opportunity but one dozen.

And they'd probably ask what else is possible!

They will also make their first European presentation, of Prosperity Consciousness, in Rome [March 1](#). In Australia, Prosperity Consciousness debuts [April 9](#).

You still can make it to the Texas Bodywork Class

choose from and with.

What would it take? I keep Steve and Chutisa's 'Conscious Leadership Book' next to my computer, opening it at will, wow, such gentle reminders on how we can all be leaders if we choose.

The voices of Joy and Forest spill out from my computer.

Every day I look to see what John has sent in his daily missive 'Transforming Life The Greatness of You.'

Audrey Lynette is here in Montreal now, with her 'Right Body For You Workshop'. She is a total gift and was my body vibrating with shifting molecules all night? uh huh!

Right on the heels of their Australian tour Nico and Grace are coming to Stowe Vermont February 16th for their amazing 'Choosing For You: Creating Conscious Relationships' interactive workshop and what would it take to learn more about ourselves and support them in their desire to offer their unique tools of transformation in uncreating and destroying all of our limitations. Their Montreal workshop is on the 23rd and 24th of February.

There is Houston in February and body workshops and 2/3's



Wouldn't you like to have this much fun?

The Texas 3 day bodywork class (moved last month from Florida for logistical reasons) still has room for you! It's in Houston on [Saturday, February 16 through Monday, February 18.](#)

Do you have any idea how much fun it is to spend three days trading Access bodywork?

In case you haven't noticed or haven't had a chance to discover this for yourself, in Access we do not perceive a difference between gifting and receiving. this means when you "give" these processes, your body receives the benefit as well.

And it tends to free up a lot of random Access humor so the environment in the room tends to vary from uproarious laughter to deep silence peace.

The class will be held in Houston Heights, at Curry Glassell's Studio 314, 314 E. 13th Ave. Houston. You could call Curry or Rick to confirm venue and for directions.

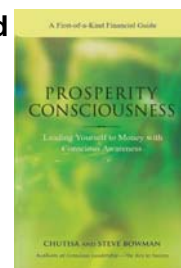
You are invited to attend if you have done Foundation and Level One, and it doesn't have to be recently. These processes have gotten too extensive to be included in any other class, so this is the place to get up to date on the latest Access body processes. It's also your only opportunity for a 3 day body class in North America this year.

Access in Barnes and Noble, Fisherman's Wharf, San Francisco

Prosperity Consciousness Featured to Tourists Worldwide

The first book about Consciousness, Access style, to hit the big time might well be Prosperity Consciousness by Steven and Chutisa Bowman.

It's already sold out, after only a few days of being in the Barnes and Noble superstore in the tourist mecca of Fisherman's Wharf, San



leading right up to Dain's 'Ordainment 101' in March followed by Gary and Dain's 'The Seduction of You' and Forest with his 'Ski and Bodywork in Taos'..... and then there is April's Seven Day in Australia. How did we get so lucky with sooooo much to chose from? Come and play.

Looking for more? What about Dain returning to Montreal in May for a 2/3 and John Carter returning to Montreal in June with his Creative Genius workshop?

What would it take for new people and new avenues of Access to start showing up? What can we create together? And what else is possible?

Thinking of all of you and total gratitude knowing you are there
xxoxoxox
ejg
susan lazar hart

Information on all of the events and people Susan mentioned can be found on the website. Google search on the homepage can be used to locate them quickly.--Ed.



Access is Growing in Stockholm!

Francisco.

Because it's already sold out, you can now order it from ANY Barnes and Noble store nationwide (at least) and also on-line and that will increase its chances of being in stores nationwide on an ongoing basis.

How does it get even better than this?

What if Access schools started sooner than we knew?

Gary says, "Start camps this summer!"

Those of us who care about children have been feeling an increasing urgency to get Access schools started, so children will no longer have to endure the abuse of having their knowing invalidated.

Now it's looking like the first step to this will be doing week long Access camps for kids THIS SUMMER!

We have two planned.

One is for teenagers, an adventure camp to be held after the 7 day in

Costa Rica. The second is an "X-men" camp for grade school age kids, to be done as a day camp.

We are anticipating that both will run July 27-August 2.

We are looking for a location for the X-men camp.

Since it is a day camp, we are anticipating that participants will live within driving distance of the camp. The location of the camp will depend on the demand. Among the locations we are considering are Minneapolis, South Florida, or Austin.

What do you know? We are especially interested in hearing from you if you know of many people who would like to have their kids participate for a week this summer. Blossom Benedict (blossombenedict@hotmail.com) and Jill McCormick (accessjill@comcast.net) are the people to contact. And if you have skills to contribute we're interested in that as well.

If you don't have children to send to camp, but wish these camps had been available when you were a kid, would you be interested in contributing to sponsoring the camps? Donations of more than \$250 are tax-deductible and can be made through Simone Milasas (info@accessconsciousness.com).



Grace and Nico Roquefort de Villeneuve will be presenting their relationship seminar, Freedom to Choose, in Stockholm [March 29 & 30](#).

This event will be preceded by a party open to everyone who's learned bars, everyone who would like to learn bars, everyone who would like to meet Grace and Nico and Kacie and everyone who would like to have more in their lives. It's at 7 p.m. at Dr. Martin Fransson's office, Welledge, 6 Kornhamnstorg ab, Gamla Stan, Stockholm.



Poem Inspired by Level 2

Victoria Goodwin sent this poem after doing level 2 last month in San Francisco.

The sky is not the limit,
neither are the stars.

How far, how far, how far
far I expand.

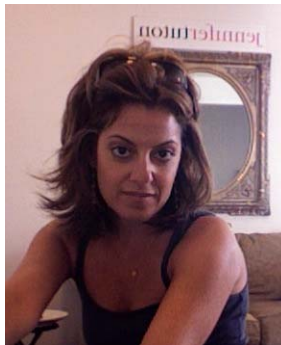
On this I will not put a
band,
For I am space.

I am beyond this reality
and time

I am not afraid to be

What if schools included bars as part of the curriculum? Would that change the world?

Access in Action: Creating a Porsche



By Jennifer Tuton

Ever since I could remember, I've always had a sweet spot for the Porsche.

I've daydreamed about owning one for years, and I made all sorts of ridiculous decisions that I'd have to WAIT until I was "older," or could really

afford one, to actually have one.

Thanks to the amazing tools that ACCESS has given me, I POD POC-ed all that and began asking what it would be like to drive a Porsche now? What would it take to have one, and how much more would I have to create per month to afford it? These questions led me to a "Google" search. I wanted to find out more. I had decided I couldn't afford one BEFORE even knowing what they cost! Upon my search I realized that I could rent one for the day.

So this November 28th, the date of my insignificant birthday, I decided to make a dream come true: I rented a Porsche Boxster S--a sleek, black, petite, convertible, with leather interior and tiptronic transmission, Oh the joy!! She looked and felt like me!

Once I got into the car, it was like a reunion with a long lost love. My heart fluttered. This lil' baby was rippin'. Step on the pedal too hard and it was like being on the back of a wild horse. Almost immediately I realized I had to "find my zone" (thanks Gary) and become one with the car. Then I was off like a rocket, creating my grand and glorious adventure!

I picked up four friends that day (individual "adventures" you might say) and each one screamed and jumped up and down before sliding into the passenger's seat. Then began the singing, shouting, wiggling, clapping and dancing while on our joyride around the city. Our glee, our smiles, and our laughter created such a buzz with other people in their cars, and on the street. Were people wondering WHY were we so happy? Did they want a taste of what we were oozing? Were we being the invitation to consciousness?

Every hour led me into another adventure. With one

space for

In truth I have just come home.

In all gratefulness for all of us in Access and what great things we might do if we just become that greatness.

Victoria

Collaboration Rocks Austin, TX!



Austin Facilitators and Learning Facilitators recently got together to create a citywide celebration of Access, called Access Fest.

Theresa Woodsong, a new Learning Facilitator in Austin Texas, reports: Ashley Smith, Marilyn Bradford, Melanie Miller, Jason Pettipiece, Leena Dillingham, Guy Monroe, Bart Sharp, and I each took a turn sharing our unique facilitating magic. Meanwhile Kim Kunkel, Deva Raubenheimer, Claire, Nassaux (age 17) & Jessi (one of Austin's newer Accessories) joined in giving mini bars sessions.

We had 32 guests. 23 of them were new to Access! Yea!!!

The energy was truly phenomenal; most folks hung around quite a

of my passengers, we actually asked the car if it was a HE or a SHE. It answered, "I'm a she. With balls."

All of a sudden she gifted us the most incredible orgasmic energy. It was a gifting and a receiving. (With a car, you ask? YES.) My body felt like a glass of champagne-with bubbles rising to the top--my arm hair was on end, my whole body was vibrating and I was filled with such gratitude. For me? YES. For my friend, YES. For the car, YES. For everything! For this creation!! In that moment, infinite possibility was alive and kicking. And we both began asking, what else could we create? What other decisions could we uncreate and destroy--and what are we refusing about creating this incredible and phenomenal life that if we destroyed it would manifest as enormous amounts of fun, laughter, oneness, ease, decadence, sex, money, consciousness, and having it ALL?!

I drove across the Golden Gate dazzled by the road and the glistening waters and the blue skies when I heard a HONK! from behind. I glanced in the rear-view and it was a Mack truck driver, waving and smiling. I laughed and waved back. Was my joy perceptible by others around me? Was it that obvious?

By the end of the day, the Porsche and I were well reacquainted. She liked me and I definitely liked her. I brought her back to the rental agency the following morning, and as I pulled up the manager said, "Wow. You just fit in there perfectly don't you? That car looks like it's yours."

What else is possible, right?

Jennifer Tuton has been living Access in San Francisco for 3 years. She creates amazing jewelry that can be seen adorning the bodies of many "Accessories" or at jennifertuton.com. She now drives a Porsche every day.

Costa Rica beckons

Next advanced 7-day event planned for Sueno Azul

Some of us find the most fun workshops of all are the free-form ones. Bars through Level 3 classes are pre-requisites to attend these amazing events.

The dates for the next advanced class in Costa Rica have just been



while after it ended.

Several people asked when the next one will be; they want to bring their friends.

Everybody was magnificent, including the guests!

I'll take a more and more of that, please!

What will it take to create a more and more of that?

What else is possible?

**Conscious Horse,
Conscious Rider
comes to the USA this
summer!**



Conscious Horse, Conscious Rider is coming to two locations in the US this summer--Whidby Island outside of Seattle May 17 & 18, and Boerne, TX outside of San Antonio in June.

This is the first time Gary has been in the Pacific Northwest in years and many introductory events are planned. These include

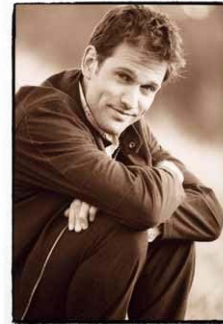
confirmed by our "home away from home," Sueno Azul resort in Horquetas, Costa Rica.

If you have attended a 2 & 3 in the previous 12 months without fighting Gary, you will probably be invited. Mark your calendar for July 12-20--plan to arrive on the 12th anytime, and leave on the 20th or later.

Access Adventures and Bodywork Classes

Combine body movement with body ease

Access Facilitator Forest Sun is combining active adventures with bodywork processes to facilitate healing and ease in your body while moving it in adventurous ways.



Some of the events he has planned include skiing or snowboarding in Taos, NM, March 21; snorkeling the Great Barrier Reef after the 7 day in Australia April 25; sea kayaking, hiking, and biking in New Zealand in May; and surfing in Costa Rica after the 7 day there, July 21.

You can read more about this on his website, www.forestsun.com.
What else is possible?

Are you curious? Would you like to hear more? Are you wondering what your next step in exploring Access might be?

You have many choices! You could buy some of the books on the website, which are full of practical tools which really work to transform any part of your life which is not working as you would like it to.

You can contact the facilitator of your choice. At www.accessconsciousness.com, you can search facilitators by location or classes offered. Many facilitators offer phone sessions and are happy to travel, given the invitation, so geography is not the limitation it might be to others.

Who feels good to you? Which name or photo feels light in your body or being? The coupon below allows you to chat to any of them for 10 minutes at no charge. Most facilitators are happy to discuss what might be your next step could be--private sessions, classes, intro nights--there are many choices.

What works for you? We would love to hear from

an intro at the Noble Horse Gallery in downtown [Seattle 4-6 pm May 15](#), an intro at [East West Bookshop](#) at 7:30 on May 15, and an intro May 14 at Banyen Books in Vancouver, BC, Canada. An evening workshop at the Whidbey Institute, also on Whidbey Island, is planned for Sunday, May 18 as well, independent of the weekend long workshop.

you!

Dr. Kacie Crisp
Access Learning Facilitator

Details of the June Texas workshop are still being worked out, and it will be at Annie and Chuck Ward's amazing horse ranch, where they breed Peruvian pasos horses in Boerne, Texas.

**Check
out
Access
at no
cost!**

Are you curious about how the Access tools might work in your life? Would you like to have a personalized consultation with a licensed Access learning facilitator at no cost? Now you can! This month only, you can select a facilitator from the website, call them, and they will speak to you for 10 minutes at no cost to you! AND if your question will take longer than that, the choice to continue at their regular rate is entirely up to you. They will inform you BEFORE any charge is incurred. How does it get any better than that?

NOTE: Learning facilitators are participating in this program on a voluntary basis. If you reach one who cannot participate for some reason, feel free to email Dr. Crisp at drilight@comcast.net for names of facilitators who are more available.

Offer Expires: March 1, 2008