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**Access Founder
Gary Douglas**

**Where's Gary?
Where's Dain?**

Conscious Horse, Conscious Rider

Boerne, TX
June 21 & 22
[Register now](#)

Expanding the Creative Base of Your Life

Austin, TX
June 28 & 29
[Register now](#)

Survival into Thrival
Introductory Money Class

Austin, TX
June 26 & 27
6:30-9:30 p.m.
[Register now](#)

Access: Levels 2 & 3
Corte Madera, CA
July 4-7

Issue: #11

June, 2008

What if **NOTHING** were linear? What if the new physics of energy were something you could live?

Modern physics demonstrates to us that most of what we have decided is logical, rational, cause and effect, and "the way it is," is in fact a widely-agreed-upon lie. This was one of the themes of the popular movie *What the Bleep*.

One of the coolest things about Access, to me, is that it gives us the tools to allow the new physics, which are energy, in our own lives.

We had two great demonstrations of that this month. One of these was Conscious Horse, Conscious Rider, in Washington State. I am not even a horse person, but some of what I witnessed has created one of the greatest shifts in my beingness I have yet experienced.

Glenna Rice, a facilitator from San Rafael, had her own epiphany about energy and how it's behind everything. Her story is included as a separate story, also in this issue. See "Who knew you could learn about energy from horses?" below.

You too can play with horses and energy [this month](#) in Boerne, TX.

If you'd like to be on the creative edge--ie at the workshop instead of experiencing it--then Expanding the Creative Base of your Life is the workshop to attend. It's [June 28 & 29](#) in Austin, TX. This is another opportunity to see how Access works so non-linearly.

Expanding your Creative Base was originally designed for "creative types," actors and writers and artists in LA. What we have discovered as it's been presented around the world is that all of us are on stage in our own lives. But how many of us live up to the starring role we know we could have?

This class allows us to be on stage if we choose (and I highly recommend it!) in an atmosphere of total allowance and support. The brilliant processing done by Gary and Dain facilitates not only what's holding up your "performance" in that instance, but in every minute of your life.

Accessories aim to wake up Italy

Access featured in International Festival in Rome

[Register now](#)

The Space of Never Mind
Sueno Azul, Costa Rica
July 12-20

[Register now](#) (Advanced,
invitation only)

Register for any of these classes
at
www.accessconsciousness.com



Dr. Dain Heer

Conscious Horse, Conscious Rider comes to Texas!



Conscious Horse, Conscious Rider is coming to Boerne, TX outside of San Antonio, [June 21 & 22](#). This will be filmed for future episodes of Horse Flicks on the Horse TV channel, so if you'd like to be a star AND ride a horse--here's your opportunity!



An Italian festival of cinema and art on the shores of the Tiber River will feature an Access booth. Rita Laurini has created an amazing opportunity for tourists and Italians alike to find out about Access.

The booth will be open for bars and any other invitations to Access the Italians can cook up from June 19 to July 6. They would love to see you if you're in the neighborhood!

Bars, Foundation, and Level One will be offered throughout the summer and September in preparation for Gary and Dain's coming to do Levels 2 & 3 [October 10-13](#), followed by the Body class October 17-19.

The Accessories in Italy have been asking some questions. Some of those questions include, What would it take to bring more awareness to this dormant and eternal city? How about more questions? More space? What would it look like to be invitation to break some barriers and generate more indefiniteness? What would it look like to be out of control, out of definition, out of limitation, out of form, structure and significance, out of linearity and out of concentricity in the city that gave birth to the 'Roman law and jurisprudence'?

The Italian classes will be offered at Harmonia Mundi, one of the few "alternative bookstores" in Rome, scenically located just blocks from the Coliseum. One of the benefits of attending an Access where translations are offered is that the clearings in the language you do not speak actually create clearings which are energetically deeper. Simultaneous translation for these classes will be provided by Kass Thomas, the Access facilitator who's been carrying the torch for Access for years now. How lucky are we to have her?

[Money is not the Problem, You Are](#) is being translated into Italian, and will be released during Gary and Dain's visit to Italy, also at Harmonia Mundi. Other book signing events throughout Italy are planned as well. An introductory evening on money by Gary and Dain will also be included.

Access can work miracles with athletes

Tennis Pro Volunteers His Story

The tools of Access work for sports injuries and performance in different ways. The hands on body processes work phenomenally to heal injuries, build strength and endurance, and improve ease and body movement. The verbal healing processes as taught in Foundation and Level One can be used to clear blocks and outdated decisions and information limiting performances, from this lifetime or any other.

This workshop combines many elements of horse workshops not usually combined. Riders of all levels--from total beginners to advanced--can experience transformation of their comfort, skill, and communication with the horse they're riding.

The full gamut of Access energetic body work processes as they apply to the horses in the workshop is also included. People participating get to practice these and take the skills away to use with other animals and people as well.

Gary's level of skill at perceiving and communicating all of this is phenomenal to observe.

The June Texas workshop will be at Annie and Chuck Ward's amazing horse ranch, where they breed Peruvian pasos horses in Boerne, Texas.

Conscious Horse, Conscious Rider will make its Australian appearance [November 22 & 23](#). It's also scheduled for Ireland October 4 & 5, the weekend following the 2 & 3 in Dublin.



Costa Rica coming up July 12-20

Have you made your reservations yet for Costa Rica in July? This event will go beyond Mission Beach, the last 7 day intensive in Australia. It's titled the space of Never Mind.

Facilitator Ed Colligan, a former professional tennis player himself, has been working with tennis pro Pablo Pires de Almeida. Pablo was sidelined from the professional circuit, which he has now returned to, thanks to Ed's work with him using the Access tools. Pablo wrote the following account of his experience with Access.

Testimony For Ed Colligan by Pablo Pires de Almeida

Since November of '07 I have been seeing Ed for what we call energetic psychology transformation appointments. Our sessions usually last about one hour and thirty minutes. Each session has different purposes for physical injuries I might be feeling each week and after each session I am completely amazed with the improvement in my body.

Ed treats each injury I have and it seems like Ed helps my body heal itself the way it naturally wants to be healed faster than I have ever experienced. I have had continuous tendonitis in my left ankle since I was twelve after suffering a bad ankle break and after the first session with Ed I had never felt such fluid space and circulation around my ankle.

Mentally Ed has helped me in many ways by asking me questions during our sessions and asking me to imagine endless possibilities of connectedness to the moment and tennis that I play. Each conversation provides great leaps in mental confidence because through our conversations we break down walls that seemed to hold me back from achieving my truest potential.

I have competed in six tournaments since starting to work with Ed and I have won or been in the finals of all of them. I believe this to directly show how beneficial my work with Ed is. Ed has helped me become more relaxed mentally and more fluid physically during competition. The work with Ed has definitely correlated to reaching a new level on the tennis court and improving my rankings in singles and doubles!

I am extremely grateful for what Ed has shown me and know that by continuing to work with him I can reach new levels in tennis.

Many thanks,

Pablo Pires de Almeida
ATP Tennis Professional Currently Ranked #900 in the world in Doubles.
5/3/08

Access tools work wonderfully for parenting



Glenna Rice uses tools and shares them with others to create ease joy and glory in families

Many of the Access tools are very useful in parenting children and teenagers of all ages.

"Parenting can stop being a job and begin to be a joy," observes Glenna Rice, a

Are you willing to step beyond your mind, which defines the limitations you know so well, into awareness and your knowing? Then you won't wish to miss this!

You can sign up on the website now! The changes we have been talking and writing about are real--you need to have taken a Levels 2 & 3 since January 2008 to be invited. You have one opportunity left opportunities to do so--Corte Madera, CA, (San Francisco area) July 4-7.

If you would like to get to know the amazing kids and teenagers of Access, this would be a great event for you to attend. Many more of them can come because it occurs during their school holidays.

For those of you who haven't noticed, they tend to get it much quicker than adults and come out with some brief, brilliant, and insightful one-liners that make consciousness even more fun. They'll turn into boring adults soon enough--you would miss them while they're hot for what reason?

The past two intensive 7 day events have sold out, in Mission Beach, Australia, last month and in Costa Rica last October.

There is also a 7 day intensive in Costa Rica planned for late October. The dates and venue are not finalized yet.

New Correct Link Divulged



Apologies to Michael Berz,

single mother of 3 who also works as a physical therapist in her own practice.

"By integrating the tools of Access Energy into my life, my family has changed from ordinary to extraordinary and my life is expanding all the time. Even with three children ages 4, 9, and 13, I am no longer playing the insane role of mother that is usually done in this world. That role is full of hard work, controls, over-scheduling, figuring out what is best concern, stress, and constant worry. Now every day I am discovering new ways to parent with ease. I am generating something extraordinary with my kids."

Glenna has applied the tools and developed them into a class called Conscious Parenting, Conscious Kids. She has presented this in Australia and Korea, and now is presenting it in Northern and Southern California, as well as southern Utah.

"You will not be given any formulas on how to parent," she warns. "But you may start to see parenting in an entirely new way. You will learn how to parent with ease, by asking questions. We will shift through the parenting advice you have been given, so you can ask what would actually work for you and your children."

Some of the questions Glenna asks are:

- What if you had allowance for you as a parent?
- What if there was no right or wrong to parenting? What if you did not judge yourself or your children for what they are choosing to create?
- What if you could create an extraordinary live for you and also be an extraordinary parent?
- What if you could stop parenting from fear, force, and control and start to parent from questions, allowance, and choice?

Glenna can be contacted at 415.235.2807, or by emailing glenna@glennarice.com.

Her class in Corte Madera is [July 6th](#), from 7 to 9:30. Los Angeles will be [August 11](#), 6:30 to 8:30, and her St. George, UT class will be [September 14](#), from 7 to 9:30.

Who knew you could learn about energy from horses?

By Glenna Rice

I remember hearing Dain say, "Everything I needed to know in life, I learned from my horse."

In Washington last weekend I got where he is coming from. The class (Conscious Horse, Conscious Rider) was phenomenal. Gary worked on horses that gave up entities, uncreated and destroyed projections, decisions and attachments and the horses CHANGED, their behavior was different, their bodies looked different. The changes were obvious even to the participants who were experiencing Access for the first time.

To see the ease with which the horses uncreated their limitations was such a gift as an Access facilitator. They did not need to believe in energy, prove they were good enough horses, know it worked before they tried it or recreate their limitations because they were afraid of changing too much too quickly. It was just, "You want me to give that

photographer extraordinaire, creator of so many of the lovely photos used in this newsletter. While the information about his book was correct last month, the link was incorrect. It should now be correct.

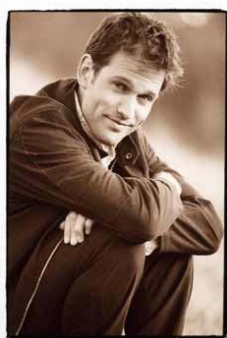
You may have noticed that creativity abounds in Access. The latest creation is a photo book by photographer Michael Berz.

Michael created many of the beautiful pictures that grace this newsletter, such as the photo of Nicolas Filson-Tuton that illustrates our PR for the X-men classes and CDs, including the article in this issue. He has also taken most of the bodywork photos you have seen in Access newsletters and postcards.

Michael created the slide show that is often playing in the upper right hand corner of the home page of accessconsciousness.com. It's also visible on youtube, where it has been viewed over 2000 times.

He has just released this in [book form](#), and it's available from him at info@livingasthequestion.com.

Access in the Yukon



Forest Sun is blazing a trail to the Yukon Territory in Canada. He starts with an intro evening Friday, June 20, titled "Living an Orgasmic Life," followed by Bars, Foundation and Level One June 21 through 24.

St. Petersburg, Russia invites Access

up? OK!"

During the class I was working with a woman and I asked her to expand her awareness out in all directions. Her first response was "no." She was afraid to be that big, that spacey. I was able to show her a different possibility by using the changes she saw in the horses that expanded their zone. (The zone is how far out a horse has its awareness to allow them to perceive threats in the environment). She recognized how the horses had more of their beingness available to them and had more ease with their riders and other horses with larger zones. She smiled and instantly was aware out thousands of miles in all directions.

If you want to see how Access works from a different point of view get yourself into one of the Conscious Horse, Conscious Rider workshops or Suzy's Happy Dog Class (Mill Valley, CA, Thursday July 3 before the 2 & 3 in San Francisco) and let the animals show you how easy it truly is to change your limitations and expand your realities.

Are you curious? Would you like to hear more? Are you wondering what your next step in exploring Access might be?

You have many choices! You could buy some of the books on the website, which are full of practical tools which really work to transform any part of your life which is not working as you would like it to.

You can contact the facilitator of your choice. At www.accessconsciousness.com, you can search facilitators by location or classes offered. Many facilitators offer phone sessions and are happy to travel, given the invitation, so geography is not the limitation it might be to others.

Who feels good to you? Which name or photo feels light in your body or being? The coupon below allows you to chat to any of them for 10 minutes at no charge. Most facilitators are happy to discuss what might be your next step could be--private sessions, classes, intro nights--there are many choices.

What works for you? We would love to hear from you!

Dr. Kacie Crisp
Access Learning Facilitator



What could happen when Access is introduced to the former iron curtain countries?

Facilitator Dr. Kacie Crisp is looking to find out. She will be presenting an intro to Access Tuesday, July 29, followed by a Bars class Wednesday, July 30.

What are the infinite possibilities?

Explore Access free!

Many of the facilitators worldwide would be happy to speak with you for 10 minutes at no charge about how the tools of Access can facilitate (that means make easy) your life. Many of the tools are verbal and can be done over the phone, so pick someone who feels light to you can phone them up! What have you got to lose? Only your limitations!

Offer Expires: July 15, 2008

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