



WELCOME TO NOOSA, AUSTRALIA!

As our guests in beautiful Noosa for the Certified Facilitators Class with Gary Douglas and Dr Dain Heer, we would like to make sure you and your body are as comfortable as possible and get the most out of this amazing class. This document contains lots of information, so please read through it carefully, most of your questions will be answered here.

Registration for the Certified Facilitators Class (7th-11th Dec) starts at 8.00am on the 1st December with class beginning at 9.30am. Please be early so that you can get settled and class can start on time.

If you have any questions, please contact your hosts at ozevents@accessconsciousness.com or on the information below.



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Peppers Noosa Resort and Villas

Tel: +61 (0) 754 552 222 E: noosa@peppers.com.au

Email the reservation team direct and be offered 10% off the best available rate. If you are coming to class, please book your accommodation ASAP as it is peak season due to school holidays.

Peppers Noosa Resort has a village feel and is nestled snugly into the hill beside Noosa National Park. It is a short walk or buggy ride to Hastings Street and the world-famous Noosa Beach, where you'll find great restaurants, bars, cafes, shops and other accommodation as well. The Resort has a day spa, heated pool, gym, games room and complimentary wifi for guests.

Important Information!

Peppers Resort Driving Directions

Due to council regulations, resort access differs for day and evening.

Day Access: 7am to 7pm - enter via Viewland Drive (use 33a Viewland Drive on your GPS).

Evening Access: 7pm to 7am - enter via Hastings Street and Morwong Drive (use 5 Morwong Drive on your GPS).

PARKING - There is some onsite undercover parking available. The overflow for the resort is parking on Viewland Drive. There is a steep hill to walk down from here. It's rather a beautiful walk through bushland, just steep. After class there will be a shuttle available for the trip up the hill if you require. If you require any special assistance with parking, please let us know.



ACCOMMODATION OPTIONS

If you are coming to class, please book your accommodation ASAP as it is peak season due to school holidays.

If you would like to share accommodation with someone join our Facebook Event page or contact one of the hosts and we will try to connect you with someone.

Facebook Link: <https://www.facebook.com/events/740981976106358/?ti=icl>

Here are a few possible hotels that you can choose from to enjoy your stay in Noosa. You can also check booking sites such as, www.bookings.com, www.lastminute.com.au and www.wotif.com.

MANTRA FRENCH QUARTER

www.mantra.com.au

62 Hastings Street, Noosa Heads.

Ph: 13 15 17 or +61 7 5665 4450

NOOSA SHERATON AND SPA RESORT

www.sheratonnoosaresort.com.au

Hastings Street, Noosa Heads. Ph: (07) 5449 4888

HOTEL LAGUNA

www.hotellaguna.com.au

6 Hastings Street, Noosa Heads. Ph: (07) 5447 3077

THE SEBEL NOOSA

<http://www.thesebel.com/locations/the-sebel-noosa>

32 Hastings Street, Noosa Heads. Ph: (07) 5474 6400

AIRBNB - Noosa Heads

www.airbnb.com.au/s/Noosa-Heads

A variety of private homes and rooms are available via this website.



TRAVEL & ACCOMMODATION ASSISTANCE

If you require assistance for booking travel and/or accommodation, please contact Katie Mac at Genius Getaways - she has access to great travel rates and offers not available online or directly through the venue. She can often get rooms when a venue is showing as sold out.

Ph: +61 400 077 797 E. katie@geniusgetaways.com.au

Or contact Kristine Meredith at Flight Centre. E. kristine.meredith@flightcentre.com.au

AIRPORTS

Noosa is 150 kms north of Brisbane, a 90 minute drive from the airport. Brisbane International Airport (BNE) services over 200 international and domestic flights daily.

Noosa is 45 kms north of the Sunshine Coast Airport (MCY), at Maroochydore a 30 minute drive, serviced by domestic carriers Virgin Blue, Jetstar and Tiger Airways.

TRANSPORT OPTIONS

SHUTTLE BUS

Col's Airport Shuttle Service - www.airshuttle.com.au

Con-X-ion Shuttle Service - www.con-x-ion.com

CAR HIRE

Great car hire prices are available from: www.airportrentals.com

Other local car hire: Budget, Avis, Hertz & Thrifty

PRIVATE CAR HIRE

Business Car Transfers (BCT) for private car pickups to and from the airport.

www.bcttransfers.com



OTHER LOGISTICS

CHILDCARE

Childcare is available for \$30 a day per child (excluding lunchtimes and evenings) during classes. Please ensure that you register your kids if you are bringing them to class and note their ages on the registration document. And please let us know in advance whether you require babysitting for your kids. Thank you.

INTERNATIONAL VISA APPLICATIONS

Need a Visa to come to this class?

Customer Service is waiting for you! All Visa issues and questions can be assisted by emailing: customerservice@accessconsciousness.com

PAYMENT

We love it when you pay for classes in advance. It makes registration so much quicker!

Direct Deposit:

Access Seminars Australia Pty Ltd

BSB: 034 060

Account No: 155 886

Please include your surname, initial and class as reference. eg. BothamsTNoosaABC



PLAYTIME - NOOSA

ATTRACTIONS - NOOSA

On the Sunshine Coast there is lots to see and do. What if you and a group of friends hired a car for the day to visit many of our attractions?

<https://www.experienceoz.com.au/sunshine-coast>

<http://www.sunshinecoast-australia.com/things-to-do.html>

Noosa Main Beach is one of Australia's best so bring your swimmers. There are also lovely walks through the Noosa National Park. You can go jet skiing, surfing, sailboarding, on a sunset cruise up the river, visit the Regional Art Gallery or go to the Eumundi Markets - lots of choices. Check out Visit Noosa for What's On - <http://www.visitnoosa.com.au/>

FOOD AND DRINK

The main areas to eat and drink are Hastings Street, just over the hill at Noosa Junction (where there is also a cinema), Quamby Place and along the Noosa River on Gympie Terrace. Noosa Heads boasts many great restaurants including the award winning Wasabi, Ricky's and Sails just to name a few.

<http://www.gourmettraveller.com.au/travel/travel-guides/2012/7/noosa-restaurant-guide/>

There is Dan Murphy's bottleshop and Woolworths supermarket, on Gibson Road, Noosaville. The famous Noosa Farmers Market's from 7.00am to 12 noon every Sunday at the AFL Grounds, Weyba Road, Noosaville. <http://www.noosafarmersmarket.com.au/>

Belmondo's offers gourmet shopping 7 days a week. <http://www.belmondos.com/>